

April, 2007

Game On! Sports

Camp 4 Girls

NEWS



LOOKING FORWARD TO:

Look for an e-mail providing details on our pre-camp opening get together scheduled for Sunday May 20 at 3:30 p.m. at the Dairy Queen in Highland Park. Campers and their families will have a chance to meet available members of our coaching team and campers will be able to scope out their camp mates. Note that every camper who shows up in their Game On! Sports Camp 4 Girls t-shirt will be entitled to a free small ice cream cone.

GAME ON! SPORTS 4 GIRLS SALUTES:



Gertrude Ederle

Gertrude Ederle

**1906-
Athlete, swimmer**

An American swimmer, Ederle became the first woman to swim across the English Channel, breaking the time record of the fastest man by one hour and fifty-nine minutes.



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As we write this message, opening day for Game On! Sports Camp 4 Girls is a bit over two months away. Snow and cold weather are still hanging around, typical of an early Spring in Chicago. The only relief from the chill is thinking about and planning for the upcoming camp season, one sure to be filled with an abundance of warmth.

No doubt, both attention to program structure and staff makes for a great camp. Starting with our staff, we could not be more excited about the personable and talented team of athletes we formed to lead us this summer. Ranging from juniors and seniors in high school to college students and recent grads to teachers and coaches, we feel that we have the perfect blend of energetic role models to assure our campers a summer of sports fun.

It is our goal to introduce you to one staff member in each of the coming newsletters and we begin below with a profile of our camp director Amy Gorzynski.

With regard to our program, we have worked diligently to come up with a fun and productive day that mixes game play, fundamentals, skills, teamwork, choice, and even some silliness in-between. And by the way, the camp day will begin the minute our camper steps on the bus. Finally, we think you will all appreciate Game On!'s Sports Camp's incentive program, our unique way of recognizing progress and empowering.

Information packages, including the "dreaded" forms will be mailed out sometime around the beginning to the middle of May. Until then, should you have questions, please don't hesitate to call our camp hotline at 847-229-9959 or e-mail us at info@gameonsportscamp.com.



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GAME ON! SPORTS CAMP 4 GIRLS STAFF PROFILE: MEET CAMP DIRECTOR AMY GORZYNSKI

Dear Campers and Parents:

I can't believe the camping season is almost here! As Camp Director of Game On! I want to be the first to tell you how excited I am to meet you and begin a summer of sports, activities, and most important – fun!

Although this is my first year as director, I'm not new to sports camp. My camping experience began in 2000 at Hi-Five Sports Camp in Northfield where I worked for 6 six years.

Currently I teach in the Business Education department at East Leyden H.S. in Franklin Park and I'm also the Assistant Varsity Girls' Basketball coach.

I love sports and they have always played a large role in my life. I began playing softball and basketball in 1st grade and continued to play throughout high school and college. I'm still actively involved in sports of all kinds. On Friday mornings you can find me playing pick-up hoops with my colleagues. I also participate in competitive softball and basketball leagues. I've recently taken up golf and long-distance running. I firmly believe one never outgrows the need for exercise, fun and friendship. Sports are the best way to combine all three!

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WE ARE ON THE WEB

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A GLANCE AT OUR GAME ON! OPTIONAL YOGA PROGRAM



Calling all campers. For our older sports enthusiasts, how many times have you heard coaches, gym teachers, trainers or parents stress the importance of stretching, core strength, and the ability to focus (S.C.F.)? And for our younger athletes, you too are in for years of hearing about the importance of S.C.F.

Here is a great training exercise for all of you that will help you to reach athletic heights you never thought you might achieve – Yoga.

Enter Marcia, Game On!'s yoga instructor who has been teaching yoga for ten years now to both adults and children. You may know her already from her classes at the Montessori Schools in Highland Park or her long-time position running Healing Power Yoga.

All campers will have the opportunity to try yoga at camp and then continue with the program if interested. So get ready to stretch like you have never stretched before, strike poses that will make you strong, and stay focused with a fun and stimulating program.



As we will close each newsletter: ON YOUR MARK, GET SET, GAME ON!

CONTACT US AT 847-229-9959 OR
INFO@GAMEONSPORTSCAMP.COM

WWW.GAMEONSPORTSCAMP.COM