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Game On! Sports Camp brings volleyball to girls

BY GAME ON! SPORTS CAMP 4
GIRLS

Game On! Sports Camp 4 Girls plans to introduce volleyball as an ideal sport for young girls through a partnership with veteran coach and instructor Kathleen Bickhaus.

"After years of watching our kindergarten through 5th-grade campers thrive in the sport during our summer day camp season at Lake Forest College, we see every reason to expose girls this young to the sport," said Barb Lazarus, co-owner of Game On! Sports Camp 4 Girls. "Even at the youngest ages, their ability to pick up the sport with a passion is incredibly exciting."

The Game On! developmental program, designed for girls of all abilities and covering kindergarten through 8th grade, focuses on the fundamentals, including an education in strategy and terminology. Their time on the court involves skill work, contests and age-appropriate game play.

As with all Game On! sports programs, the mission is to help participants develop the confidence they need to have fun with the sport, whether on a recreational or competitive level, in junior high and beyond.

The fall series will begin on Nov. 1 and run for seven weeks from 4 to 5:30 p.m. Sundays through Dec. 13.

The program will continue in the winter months following the holidays.

The location is Adversity Volleyball Club's new facility, 700 Corporate Woods Parkway in Vernon Hills.

Bickhaus has been a girls and boys volleyball and basketball coach as well as a player in the Chicago area for more than 20 years. She's had coaching success at the junior high, high school and USA club levels including conference, regional and sectional championships.