

# Hoops Education Basketball Program

in partnership with

## Game On! Sports Camp 4 Girls



**Who:** Girls Grades 2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup>

**Where:** Highland Park Hospital Health and Fitness Center  
1501 Busch Parkway Buffalo Grove, IL 60089

**When:** Tuesdays from 4:15 – 5:15 pm

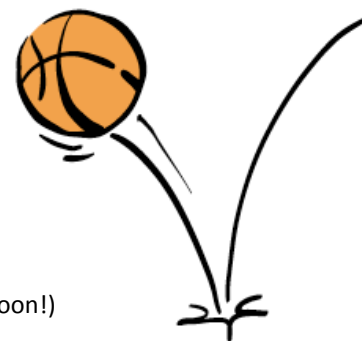
**Dates:** January 12, 19, 26 February 2, 9, 16, 23 March 2

**Clinic Fee:** \$160 Members / \$200 Non-members

(Space is limited and will be taken on a first come first serve basis. So sign up soon!)



**Class Description:** Hoops Education Basketball is designed to teach young girls, 2<sup>nd</sup> through 4<sup>th</sup> grades, the fundamentals of basketball, while also stressing teamwork and sportsmanship in a fun and positive atmosphere.



Class will focus on:

- Rules of the game and basic strategy
- Instruction will focus on dribbling, passing, defense, shooting & layups
- Fun drills and games!

Sign up at the Highland Park Hospital Health and Fitness Center Service Desk or call 847-229-0292.

For questions about the program please call the Game On! office at 847-229-9959

About Coach Adelman:

- Coach Adelman has run hundreds of hoops education basketball camps, clinics, and classes in 7 different states for over 20 years.
- He has coached at the high school, collegiate and professional levels.
- Adelman has also coached internationally in the prestigious World Maccabiah Games in Argentina and Israel, bringing home gold and silver medals!